**ST. MARY'S R.C. PRIMARY SCHOOL**
Watt Street,
Sabden,
Clitheroe,
Lancashire BB7 9ED

Telephone No: 01282 771009

Friday 23rd April 2021

Dear Parents,

**OUTDOOR ELEMENTS – Friday 14th May 2021**

We have arranged a day of outdoor activities for our **whole school** at Outdoor Elements in Simonstone for Friday 14th May. Children will be transported by coach leaving school at 9.15am and returning at approximately 3.00pm in time for normal pick up times. The trip has been fully risk assessed and approved by the LEA.

The cost of the trip is as follows.
Reception, Yr 1, Yr2, Yr3 & Yr 4 will be £20.00.
Y5 and Y6 will be £25.00 (as we have included an extra zip wire activity for them).
As a school we have been able to cover the costs of the transport from the Toast Club funds to help keep the final cost to parents as low as possible.

You can see the full list of activities for each class on the second page of this letter.

Your child will need to dress appropriately (please see attached kit list) and please do make sure you look at the weather forecast for the day. Please send your child with a packed lunch where all the items are disposable; as well as a drink for lunch it would be a good idea to send your child with a sports bottle full of water for throughout the day.

If you would like your child to attend the trip to Outdoor Elements please fill in the attached consent form and return it to the school office no later than Friday 7th May. This is a more detailed consent form than for most trips because the local authority procedures require more detail to be provided for adventurous activities.

Yours sincerely,

Claire Halstead

Miss C Halstead
Head Teacher

**14-May-21**
arrive by 9.30am; depart 2.45pm

| **Class** | **9.45 - 11.10** | **11.10 - 12.30** | **12.30 - 1.00** | **1.05 - 2.35** |
|---|---|---|---|---|
| Reception | Shelter & Camp Fire | Welly Walk | Lunch | Stream Dip / Bug Hunt |
| Year 1 | Stream Dip / Bug Hunt | Shelter & Camp Fire | Lunch | Welly Walk |
| Year 2 | Welly Walk | Stream Dip / Bug Hunt | Lunch | Shelter & Camp Fire |

| | **9.45 - 10.40** | **10.40 - 10.50** | **10.50 - 11.50** | **11.50 - 1.00** | **1.00 - 1.30** | **1.35 - 2.35** |
|---|---|---|---|---|---|---|
| Years 3-4 | Archery | snack | Orienteering | Crate Stack | Lunch | Climbing Trees |
| Years 3-4 | Orienteering | snack | Archery | Climbing Trees | Lunch | Crate Stack |

| | **9.45 - 10.45** | **10.50 - 11.50** | **11.55 - 12.25** | **12.30 - 1.30** | **1.35 - 2.35** |
|---|---|---|---|---|---|
| Years 5-6 | Jacob's Ladder | Zip Line | Lunch | Leap of Faith | Puzzled in the Woods |
| Years 5-6 | Puzzled in the Woods | Leap of Faith | Lunch | Zip Line | Jacob's Ladder |
| Years 5-6 | Leap of Faith | Puzzled in the Woods | Lunch | Jacob's Ladder | Zip Line |

## KIT LIST

Please dress for the forecasted weather, taking into account the suggestions below:

**Wear**

Plenty of warm clothes you don't mind getting dirty (layers are best)
Old footwear / walking boots you don't mind getting wet, dirty and scuffed
Waterproof jacket (and trousers)
A long sleeved top
Full length trousers such as tracksuit bottoms / combats / leggings
Spare set of clothing/footwear (for the journey home!)
*Seasonal:*
Sun protection cream
Insect repellent
Sun hat
Hat/gloves

Do NOT Wear

*Jewellery / Watches*
*Shorts*
*Jeans*
*Skirts*
*Heeled shoes*
*Your best stuff!!*
It is also recommended to leave all valuables at home

## Outdoor Elements - Participation Statement

All activities have been risk assessed. Written risk assessments available on request.

All instructors are registered and have received clearance through the disclosure and barring service, First Aid Trained and will have access to a First Aid Kit.

Outdoor Elements holds Public Liability and Professional Indemnity (including errors or omissions) Insurance cover.

Outdoor Elements cannot be held responsible for personal accidents and recommend participants take out their own cover if they wish to be insured against personal accident.

Outdoor Elements cannot be held responsible for any accident whilst travelling to or from the venue. Participants will be covered in the event of an accident whilst a passenger in vehicles being used by Outdoor Elements.

Participants having received a brief from Outdoor Elements staff take part in the activities at their own risk.

Participants must understand that activities offered are of a physical nature and may result in minor cuts, grazes, bruising, strains and sprains.

Participants should notify instructor staff when questioned any medical or other condition that may affect their ability to take part in the activity.

Outdoor Elements reserves the right to refuse participation if the customer fails to follow health & safety guidelines for the activity.

No alcohol or drugs are to be brought to the centre or activity venues. Smoking is in the designated area and to avoid disruption to the programme should be at agreed times.

Please contact Outdoor Elements staff if you need further clarification or call 01282 416396.